

Sticky Note to Self:

A back-to-school inspiration and reflection exercise for teachers

Name:

Date:



1. My work is important and valuable. I feel that deeply when:

2. My students see me as an important figure in their life. This is the effect I want to have on them:

3. I know my day isn't going perfectly or as planned. Here's how I'm going to react when I feel things getting off track:

4. Building relationships takes time. One way I'll get to know my students this year is:

5. How I want my classroom to feel to the students who walk in:

