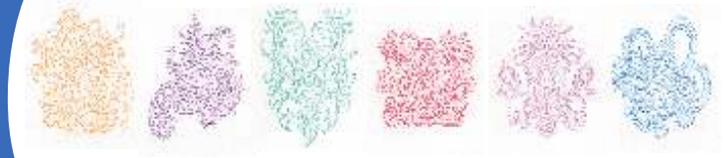


No. R48237

Henna Designs Rubbing Plates



These rubbing plates will produce intricate works of art inspired by the classic art of Henna. Use the plates to create patterns on paper, foil and clay. The designs add texture to drawings, murals, collages, greeting cards, ceramics and fabrics. The plates are washable so they can be used time and time again.

History of Henna

Henna is a flowering plant that grows in the warm climates of Asia, the Middle East and North Africa. Powder ground from the henna plant and mixed with warm water creates a temporary dye. The dye is mixed with the fruit and leaves of other plants to create additional colors. Throughout ancient civilizations, these dyes have been used to color hair and adorn the skin, often for ceremonial purposes. The art associated with Henna dates possibly as early as 2100 B.C. and is most often associated with adornments for weddings. Throughout history, Henna has also been used in celebrations of births, in healing ceremonies, and in spiritual enlightenment. These Henna Designs Rubbing Plates most closely represent the ornate artistry still used today in bridal traditions primarily throughout India and the Middle East. Use them to create beautiful art or to learn about the cultures and traditions that practice the art of Henna.

Useful tips for classroom use:

- Work on a hard, flat surface.
- Experiment with a variety of paper types and colors.
- Rub designs with crayons, chalk, pencils and pencil crayons.
- To prevent slips, tape down the corners of the pastes before rubbing.
- Finger paint over the top of the plate, and transfer by laying a sheet of paper on the paint and pressing or rubbing. Pull off the paper to see your design.
- Use the reverse side of the rubbing plate for a different artistic perspective.

Craft ideas:

- Rub designs onto paper and use to illustrate stories, design book covers and create unique stationery.
- Create collages! Rub designs onto paper using different colors. Cut the paper and arrange into a beautiful textured collage.
- Paint a perfect impression. Use a sponge to apply a thin, even coat of paint over the surface of the rubbing plate. Lay paper over the plate. Gently rub paper and carefully lift.
- Design hand-made paper. Water down white glue until it has the consistency of milk. Apply a thin coat of the solution to your plate with a sponge. Lay down a sheet of tissue paper and coat with another layer of glue. Add one more sheet of tissue, splash on some liquid watercolor paint, and let dry. Peel your paper off the plate and use it as stationery, a book cover, a greeting card or a gift tag!
- Place foil over the plates and gently rub with the tip of a pen to add texture to the metal.
- Mold clay art! Press air-dry clay onto a rubbing plate. Use a rolling pin to flatten evenly. Remove and cut into shapes,

curve into bowls or plates, etc. Allow the clay to dry and paint.

- Use fabric crayons or paint to transfer the texture onto fabric to design t-shirts, napkins, wall hangings or home decor.

